



“Serving the needs of Portland’s homeless citizens since 1969.”

Dr. Rodney Glisan Center

Clark Center Men’s Shelter

Jean’s Place Women’s Facility

Community Service Center

Corrections/Transitional Housing

Alcohol & Drug Free Housing

Mail and Message Service

Housing Assistance

Information and Referral

Eviction Prevention

Community Voice Mail

Crisis Intervention Services

Clean Up Center

Public Education

*A United Way
Community Impact
Partner*

475 NW Glisan Street

Portland, OR 97209

office (503) 823-4930

fax (503) 823-4940

tpi@tprojects.org

www.tprojects.org

Resource Lists

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Shelters & Housing: Adults, Families, Women, Youth

ADULT SHELTERS

Transition Projects Inc.

475 NW Glisan, (503) 823-4930

Waiting list for all TPI shelters M-F

8:30AM-noon, 1-4PM; TB card required.

City Team Ministries

526 SE Grand, (503) 231-9334

Men only; check in at 6PM; closed Sun.

\$3/night. TB card required. Day Shelter

Mon, Tues, Thurs, Fri, Sat, 11AM – 1:30PM.

Lunch at Noon, showers, clothing.

Portland Rescue Mission

111 W Burnside, (503) 227-0421

Men only; morning check-in at 6:30 AM;

evening check-in at 6:00PM. Meals

available, must attend worship services.

TB card required.

Salvation Army - Harbor Light

30 SW 2nd, (503) 239-1259

Women must be at front door at 7:30PM.

Meals at 3:30PM, except Saturdays. TB card

required.

Hostel beds for men \$10/night or \$70/week.

Share House

1115 W 13th St, Vancouver, WA

(360) 695-7658, ext. 302

Men’s shelter – 7AM check-in. ID preferred.

Showers, clothing, hot meals, bus tickets.

TB TESTING

Salvation Army (Free Test)

131 SW Ankeny, (503) 239-1259

Mon & Wed; 1:15-3:15PM

Outside In

1132 SW 13th, (503) 223-4121

See page 5 for times; no tests on Thursday.

If no OHP, sliding scale fee.

FAMILY SHELTERS

Clark County Clearinghouse (Vancouver)

(866) 577-2503 or (360) 695-9677

9AM – 8PM, 7 days/wk. Shelter for families with children, single women if space avail.

Community Action Family Shelter

210 SE 12th, Hillsboro, (503) 640-3263

M-F 8:30AM-5PM Shelter for families with children.

Good Neighbor Center (Tigard)

11130 SW Greenburg Rd. (503) 443-6084,

Shelter is open 6AM – 10PM. Shelter for families with children; call (503) 640-3263 to get on waiting list

Family Bridge (Hillsboro)

(503) 844-2919

Shelter for families with children.

My Father’s House (Gresham)

(503) 492-3046, T-F 9AM-5PM Sat. 9AM-

Noon; Clothing T-F 1-5PM

Shelter for families with children.

Northwest Housing Alternatives/

Annie Ross House (503) 654-1007

Shelter for families with children in

Clackamas. Call (503) 655-8861 for wait list.

WOMEN’S SHELTERS & SERVICES

Bradley Angle House

(503) 281-2442. Shelter and transitional

housing for survivors of domestic violence

and/or sexual abuse. Support groups are

offered. Single women & children; no males

over 11.

Shelters & Housing: Adults, Families, Women, Youth (continued)

WOMEN'S SERVICES (cont.)

Clackamas County Women's Shelter
(503) 654-2288. Shelter for single women and women with children escaping domestic and sexual violence; no males over 17. Business Line: (503) 654-2807

Emergency Food and Shelter

(503) 525-6400. Also motel vouchers, gas, and cab assistance.
Mon – Fri 4PM- 9AM, all day on weekends and holidays.

LOTUS: Liberating Ourselves Through Understanding the Sex-Industry

(503) 282-1082
Intakes done Mon – Thurs by appointment. Case management and support groups.

Monika's House

Crisis Line: (503) 469-8620
Business Line: (503) 469-4580
Shelter & outreach for single women and women & children escaping domestic violence. Males up to 18 yrs. old. ADA accessible.

Portland Women's Crisis Line

(503) 235-5333 or (888) 235-5333

Raphael House

(503) 222-6222 (24-hour crisis)
Shelter for single women and women with children escaping domestic violence; no males over 17.

Rose Haven

116 NW 3rd Ave., (503) 248-6364
Mon – Fri, 9:00AM-11:30AM. Drop-in center for women. Basic services are offered; safe place, clothing, restrooms, hygiene, telephone, counseling, mailing address and arts/crafts.

Safe Choice (Vancouver)

(360) 695-0501
Toll Free: (800) 695-0167
Shelter, advocacy and referrals for women and children escaping domestic violence; males up to 17 are allowed.

SAWERA: South Asian Women's Empowerment and Resource Alliance

Help Line: (503) 778-7386.
Office: (503) 641-2425.
Referral to South Asian women and children who are victims of domestic violence.

Sisters of The Road Café

133 NW 6th, (503) 222-5694
M-F, 10AM-3PM; Community organizing 9AM-1PM. Meals, hygiene items for men and women, baby formula and diapers.

Volunteers of America

(503) 232-6562 (24 hours)
Domestic violence intervention. Motel vouchers when shelters are full. Short term case-management and safety planning.

The West Women's & Children's

(503) 224-7718 Shelter and transitional housing for women & children escaping domestic violence; no males over 11.

YWCA Safe Haven

4620 N Maryland, (503) 721-6760
Shelter for families with children, women with children, and pregnant women.

YWCA Yolanda House

(503) 977-7930 Shelter for women & children escaping domestic violence and homelessness.

YOUTH SHELTERS & SERVICES

Access & Reception Center

324 SW 9th Ave, (503) 223-2050.
Initial screening for homeless youth services. 24 hour services for individuals under 21.

Janus Youth Programs/Harry's Mother

707 NE Couch
(503) 233-8111 (24 hour crisis line)
Emergency temporary shelter for ages 9-17. Average stay of 4-5 days. Ongoing family counseling is available.

National Runaway Switchboard

1-800-621-4000
1-800-621-0394 (TDD)

New Avenues for Youth

812 SW 10th, (503) 224-4339
Day services provided, transitional housing, education program, job training and case management for ages 12-20.

Outside In

1132 SW 13th, (503) 223-4121
Mon – Fri: 9AM – 6PM.
Emergency services for youths under 21 including drop-in center, case management, employment, acute medical, needle exchange and HIV clinics.

Janus / Street Light Youth Shelter

314 SW 9th, (503) 224-5988
Shelter for individuals 13-20. Shelter residents must have a Case Manager assigned to them through Outside In or New Avenues. Crisis shelter also available.

HOUSING RESOURCES

Central City Concern

232 NW 6th, (503) 525-8483
Subsidized and non-subsidized housing, mostly downtown.

Ecumenical Ministries of Oregon

2906 NE Glisan, (503) 225-9924
Mon – Thurs, 9AM – 5PM.
Shared housing program

Housing Authority of Portland

135 SW Ash, (503) 802-8300
Mon-Thurs: 8AM-5PM
Friday: 8AM-4:30PM
Wait list for next available subsidized apartment.

Northwest Pilot Project

1430 SW Broadway, (503) 227-5605
Assists people 55+ years of age with affordable housing; walk-in M, T, & W at 9AM & 1PM and Thurs at 1PM. They will see the first four people at these times. Be one hour early.

Portland Housing Center

3233 NE Sandy Blvd; (503) 282-7744
Monday-Friday: 8AM – 5PM
First time homebuyers educational program. Ready to Rent information.

Food, Clothing, Household Goods

Ask at the TPI front desk for the hot meal info sheet. The Community & Family Service Center in your area may have food, clothing and household goods. See page 6.

Crossroads Cupboard

2407 NE 102nd, (503) 257-9345
M, T, Th, F 9-11am, Sat 11am-1pm
Shop for food once a month.
ID required, bring proof of residence.

Downtown Chapel

601 W. Burnside, (503) 228-0746
Clothing & hygiene items M-F 9:30-11:30AM; sign up begins at 9AM
Food boxes available Mon – Fri, 1:00-3:00PM for downtown residents and homeless, once every 30 days. Bring proof of address.

Emergency Food & Shelter

(503) 525-6400
Emergency food boxes Mon-Fri 4PM to 9AM, all day on weekends.

FISH

1335 SE Hawthorne, (503) 233-5533
Food Boxes: Mon-Fri. 10:30-1:30PM for SE residents and homeless, once every 4 months. Bring proof of SE address, picture ID. **Clothing:** Mon.-Thurs. 10:30AM-12PM. Please call in advance. Must live in Multnomah County, west of 87th Ave, or in Clackamas County.

Francis Center

6535 SE 82nd, (503) 775-6784
Mon – Thurs 10AM-2PM. Clothing, household items, blankets. Call to see if you are in their service area.

Holy Trinity Church (Beaverton)

13715 SW Walker, (503) 643-9528
T,W,F 10am-Noon. Clothing and food.

Outreach Ministries

203 NW 3rd, (503) 225-0590
Mon-Fri, 1-3PM. Clothing, hygiene, local calls, payee service for members. Long-term care on a case-by-case basis.

People's Food Coop

3029 SE 21st
8am-10pm, 7 days/week. Free clothes box, reduced price produce when available. Show up to see availability.

Portland Adventist Community Service

11020 NE Halsey, (503) 252-8500
Food boxes once every 30 days. Walk-in Mon-Fri, 9:00-Noon; bring ID, SS card and proof of address.

Salvation Army

1785 NE Sandy, (503) 239-1226
Food boxes once every 30 days and a maximum of 3 times a year with the exception of Christmas. Walk-in Mon-Fri, 9:00-11:30AM, 1:00-3:30PM; bring ID, SS card and proof of address.

St. Michael's Church

424 SW Mill, (503) 228-8629
Sack lunches 10 – 11AM, Mon – Fri.
Food boxes Mon, Wed, Fri 12:45 – 2:30PM, once a month; need proof of address in parish.

Snowcap-Rockwood

17805 SE Stark. (503) 674-8785
Clothing – 10am-2pm. M-F, 6-8pm Tues.
Located behind church on Pine Street.

Sunshine Division

687 N. Thompson, (503) 823-2102
Mon-Fri: 8:30-Noon, 12:30-3:30PM
Food boxes once every 6 mos. Call to apply (if no kids, must be on SSI/SSD).

Transition Projects

475 NW Glisan, (503) 823-4930
Food box vouchers Mon - Fri at 8:30 AM; once every 30 days to each church. Mon, Thurs for First Baptist; Tues, Wed, Fri for First Presbyterian. Need proof of address.

Union Gospel Mission

15 NW 3rd, (503) 274-4483
Clothing, blankets and hygiene items as available, Mon-Sat, 9AM-5PM. Sack lunches M-F at 9AM, dinner at 7PM.

William Temple House

2023 NW Hoyt, (503) 226-3021
Mon – Thurs, 10AM – 3PM.
7704 N Hereford, (503) 283-3511
Wed – Sat, Noon – 3PM.
If employed, food and hygiene products available once every 30 days, max of 6 times a year. If homeless, can get food once. Bus tickets for job interviews or medical appts. Need proof of address & ID.

Showers & Clothing

City Team Ministries

526 SE Grand, (503) 231-9334
Showers and clothing available for \$1.00.
Men and women always welcome, Mon-Sat 11AM-1:30PM. Closed Wed.

JOIN: A Center For Involvement

3338 SE 17th, (503) 232-2031
Showers for men and women Mon-Fri 10AM-3PM. Barter with 15 min work.

Portland Rescue Mission

111 W Burnside, (503) 227-0421
Showers & clothing available for men;
Mon - Sat: 7-8AM.

Transition Projects

475 NW Glisan, (503) 823-4930
Women sign-up at 8:30AM with showers at 9:00 or 9:30AM; men sign-up at 12:30PM with showers at 1:30 or 2:00PM, Mon – Fri.

St. Francis

330 SE 11th, (503) 234-2028
Showers: Mon & Thurs 1 – 3:30 PM
Meals: Mon – Fri, 5PM & Sun, 3:30.
Social worker available MWF, 1:30 – 5:00 PM. Medical Clinic: Tues and Thurs, 1:30 – 4:30 PM. Day Shelter: Mon – Fri, 10:00 AM – 5:00 PM.

Medical Resources

ALCOHOL, DRUG, & GAMBLING TREATMENT

- Alcoholics Anonymous
(503) 223-8569
- Gamblers Anonymous
(503) 233-5888
- Narcotics Anonymous
(503) 727-3733
- Oregon Alcohol/Drug Info Center
(503) 413-2673

Allied Health Service /Drug Recovery
808 SW Alder, 3rd Fl., (503) 226-2203
M-F 5:30AM-2:30PM Sat. 6:30-11AM
Methadone Clinic.

ASAP

2130 SW 5th, Suite 100 (503) 224-0075
Outpatient drug & alcohol treatment.

Cascadia

Central Intake (503) 674-7777
Outpatient drug/alcohol/gambling
treatment.

Clark County Detox

(503) 286-1086 or (360) 696-1631
Detox only.

CODA

1027 E Burnside, (503) 239-8400
In & outpatient drug treatment
(methadone and non-methadone).

Delta Clinic

2600 SE Belmont, (503) 239-5738; M-F,
5AM-12:30PM, Sat, 6:15AM-11AM.
Methadone clinic.

DePaul Treatment

1312 SW Washington (503) 535-1151
In & outpatient alcohol & drug treatment.
DUI certified. Dual diagnosis.

Hooper Detoxification

20 NE MLK, (503) 238-2067
Call for transport to Hooper Sobering
Station (CHIERS).
Intake for detox program at 7:30AM.

The Letty Owings Center

2545 NE Flanders, (503) 235-3546
In-patient treatment for pregnant women
or women with children under 5 years.

Life Change at Union Gospel Mission

15 NW 3rd, (503) 274-4483
4-year faith based live-in recovery
program for men and women.

Lifeworks NW

Central Intake: (503) 645-9010 or
(888) 645-1666

NARA-Native American Rehabilitation Association

1631 SW Columbia, (503) 231-2641;
M-F, 8AM-12PM, 1-5PM.
In & outpatient drug treatment.

Needle Exchange Hotline

(503) 280-1611

PAHC-Portland Alternative Health Center

625 SW 12th, (503) 228-4533
Outpatient treatment. Must have OHP.

Project Stop (Cascadia)

2415 SE 43rd Ave, Suite 200
(503) 239-5952 Gambling Addiction

Salvation Army Adult Rehab Center

139 SE MLK Jr. Blvd, (503) 235-4192
In-patient treatment

Victory Outreach

3012 NE Alberta, (503) 335-3264
Rehabilitation program for men and
women overcoming addiction. Six month
to one-year commitment. Religious
orientation.

DENTAL RESOURCES

Dental Access Program (Mult County)

(503) 988-6942. For uninsured
emergencies, sliding scale minimum \$40.

Dental Plus Plan

(503) 526-4411 Insurance: 25% discount
on general dental services. \$65 annual fee.

Northwest Medical Teams

(503) 624-1000
Info on dental van locations.

Outside In

1132 SW 13th, (503) 223-4121
Dental van; call for schedule.

Portland Community College

(503) 977-4909 Dental service, low cost
hygiene and cleaning. Provides services
from October – June each year.

Russell Street Dental Clinic

214 N Russell, (503) 494-6822
Emergency dental only; Fee based on
income guidelines. M-F 7:45AM-3PM;
intake at 8AM for same-day service.
Bring proof of income.

Transition Projects, Inc.

475 NW Glisan, (503) 823-4930
One voucher for free dental service
through Multnomah County daily. First
come, first served at 8:30AM.

William Temple House

2023 NW Hoyt, (503) 226-3021
7704 N Hereford, (503) 283-3511
Dental van; call for information.

GENERAL MEDICAL

Family Health Insurance Assistance Program (FHIAP)

1-888-564-9669
For those who do not qualify for OHP.
50%-95% subsidy of private insurance.
cannot be on or eligible for Medicare.

Family Vision Center

511 SW 10th, (503) 224-2323
M-F 9AM-5PM; Accepts OHP.

Free HIV Testing

3653 SE 34th Ave, (503) 988-3030
Multnomah County Clinic - Testing and
counseling for HIV and Hepatitis C.

Lions Club Sight & Hearing Foundation

(503) 827-6952, 8:30AM – 5PM
Hearing aids, eyeglasses, and eye & ear
surgery. Call for eligibility.

Medical Transport

(503) 802-8700 For Medicaid or OHP
Plus clients; need at least one day notice if
you can't ride bus and 3-4 days if you
can. Medical appointments only. Bus
passes with proof of current attendance in
a treatment program and OHP Plus.

Mobile Optic

4542 NE MLK Blvd, (503) 280-2020
Eyewear. M-F 9AM-6PM. Accepts OHP.
Office is closed Noon-1:30PM daily.

Medical Resources (continued)

GENERAL MEDICAL (cont.)

Multnomah County Healthcare Dept.
(503) 988-3674, Call for locations.

- *Health Info & Referral Line* (503) 988-3816 Mon – Fri, 8AM-5PM.
- *HIV Healthcare* (503) 988-5020
- *STD/HIV Testing* (503) 988-3775 Call for appointment; closed Wed mornings.
- *TB Clinic* (503) 988-3417
Mon - Fri, 8:30 – 11AM, 1 – 4PM, closed Wed mornings.
- *Westside Clinic* (503) 988-5140
M-F 8AM-5PM Healthcare for homeless adults.

NARA Indian Health Clinic

15 N Morris, (503) 230-9875

OHP workers available M-F 9AM-5PM.

Needle Exchange Hotline

(503) 280-1611

Old Town Clinic

523 NW Everett, (503) 226-4060

Not taking new patients.

Oregon Health Plan Info and Referral

426 SW Stark, (503) 988-5140.

Oregon Hospice Association

(503) 228-2104

Outside In

1132 SW 13th, (503) 223-4121

Mon – Fri: 9AM – 6PM.

- Walk in medical service, age 30 & under only, Mon, Wed, Fri at 9AM.
- Walk in Naturopath, (any age, but under 21 or homeless priority) Mon – Fri, 1:30PM, Thurs 9AM, Mon & Wed 6 – 9:30PM.
- Acupuncture by appointment.
- Needle exchange Mon – Fri, 1– 6PM.
- Help with OHP enrollment. If no OHP, sliding scale fee.

Rosewood Medical Center

8935 SE Powell, (503) 772-4335

Family practice medical care. Fee based on income; discount up to 75%. Minimum fee \$25; can make payments. To apply, go to office, fill out registration form.

Booked 2-3 weeks in advance.

Wallace Medical Concern (Estate Hotel)

225 NW Couch (503) 274-1277.

Free basic urgent medical care for uninsured people over age 15. Call for appointment. Dermatology and podiatry care avail, Spanish/English interpretation.

West Burnside Chiropractic Clinic

134 W Burnside, (503) 223-2213

Free services for low-income people who have no chiropractic insurance. Open M-F call for times.

HOSPITALS

- *Emmanuel*: (503) 413-2200
- *Good Samaritan*: (503) 413-7260
- *OHSU*: (503) 494-8311
- *Providence/St. Vincent*: (503) 215-1111
- *VA Medical*: (503) 220-8262, (360) 696-4061, or (800) 949-1004

MENTAL HEALTH SERVICES

Cascadia Behavioral Healthcare

Central Intake: (503) 674-7777

Cascadia Crisis Walk In Clinic

2415 SE 43rd

7:00 AM – 10:30 PM, 7 days/week

Multnomah County Crisis Line

(503) 988-4888

Mental health crisis counseling & service information.

Outside In

1132 SW 13th, (503) 223-4121

Mon – Fri: 1:30 – 3:30 PM.

Walk-in mental health services.

Lifeworks NW

Central Intake: (503) 645-9010 or (888) 645-1666

PRENATAL/MATERNAL CARE

Birthright

1515 NE 41st, (503) 249-5801

Hotline: 1-800-550-4900

Mon – Thurs 10AM – 8PM

Fri & Sat 10AM – 3PM

Free pregnancy tests.

Boys and Girls Aid Society

018 SW Boundary Court

(503) 222-9661. Services for pregnant women and young parents.

Crisis Line: (877) WE-CARE4 (24hrs.)

Childs Path

1712 NE Sandy, (503) 872-8379

Government food program for pregnant and breast-feeding women & children ages 1-6. M, W & F 9-11:30, 1:30PM-3:30PM. Must live in Portland.

Elizabeth House

4055 SE Salmon, (503) 236-7235

Shelter for pregnant women ages 14-22.

Maximum stay of 6 months. Mon – Fri, 8:30AM – 5PM.

North Portland Nurse Practitioner

5311 N Vancouver, (503) 284-5239.

Mon, 1PM – 5PM, Tu – Fri, 9AM – 5PM.

Care for children from birth to 21.

Open Adoption & Family Services

5200 SW Macadam, Ste 250;

(503) 226-4870

Adoption counseling and financial aid.

Providence Maternal Care Clinic

2705 E Burnside Suite 114

(503) 215-6262

Prenatal and Annual GYN services.

Providence St. Vincent Prenatal Clinic

9340 SW Barnes Rd., (503) 216-2807

Prenatal services.

Salvation Army White Shield Program

(503) 239-1248 M-F, 8:30AM-4:30PM

Residential treatment facility for pregnant mothers; shelter for emergency care. Ages 10-18.

WIC (Women, Infants, Children)

(503) 988-3503 Nutritional and educational services for pregnant women and women with young children.

Employment

Better People

4310 NE MLK Jr. Blvd
(503) 281-2663 Employment, job readiness training and social skills for people with criminal backgrounds.

Confederated Tribes of Siletz

3715 SE 39th, (503) 238-1512
Jobs program for Native Americans.
Tribal office.

CCC Workforce Program (Shoreline)

2 NW 2nd, (503) 226-7387

- *Homeless Veteran Reintegration Project (HVRP)* Employment services and case management for homeless vets.
- *One Stop Career Center:* Employment services and case management for disadvantaged adults & training and job placement for individuals who live downtown. Mon – Fri: 8AM – 6PM.

Downtown State Employment Office

1433 SW 6th, (503) 731-4139
Monday-Friday: 8:00AM-5:00PM.

Portland Habilitation Center

5312 NE 148th, (503) 261-1266
Mon - Fri, 8AM – 5PM.
Job assistance for people with disabilities.

Vocation Rehabilitative Services

4744 N. Interstate (503) 280-6940. M-F, 8AM-5PM. Job assistance (training and employment) for people with disabilities.

Crisis Lines

- 211info
2-1-1
- AIDS Hotline
(503) 223-2437
- DHS Child Welfare Hotline
(503) 238-7555
- Hispanic Program (Catholic Charities)
(503) 669-8350
- Oregon AIDS Hotline
(800) 777-2437
- National AIDS Hotline
(800) 342-2437
- Oregon Elder Abuse
(800) 232-3020
- Mental Health Crisis Line
(503) 988-4888
- Portland Women's Crisis Line
(503) 235-5333 or (888) 235-5333
- Senior Help Line
(503) 988-3646

Community & Family Service Centers

Each serves a specific area. They may have food boxes, household goods, clothing, rent assistance, transitional housing, transportation assistance or other services. Call for more information.

Albina Ministerial Alliance

North & NE Portland
2337 N Williams, (503) 285-0493

Friendly House

NW Portland
1808 NW Irving, (503) 228-4335
Rent assistance for this area is referred to Neighborhood House, below.

Human Solutions

Portland (East of 82nd) & Gresham
2900 SE 122nd, (503) 988-5201

Neighborhood House

SW Portland
7780 SW Capitol Highway
(503) 246-1663

Portland Impact

SE Portland
4707 SE Hawthorne, (503) 988-6000

St. John's YWCA

North Portland
5139 N Lombard, (503) 721-6777

Oregon Department of Human Services

Food stamps, OHP, TANF

Albina

30 N Webster, Suite A (503) 280-6781,
Mon – Fri, 8AM – 5PM

Old Town and West Portland

50 SW 2nd, (503) 731-3336,
Mon – Fri, 8AM – 5PM

East Portland

1415 SE 122nd (503) 257-4200,
Mon – Fri, 7:30AM – 5PM

Northeast Portland

4425 NE Broadway (503) 280-6683,
Mon - Fri, 7:30AM – 5PM
Thurs 7:30AM-6PM

Outer SE Portland

8129 SE Malden (503) 257-4226

St. Johns

7825 N Lombard (503) 731-4646,
Mon - Fri, 8AM – 5PM

Southeast Portland

3975 SE Powell (503) 731-3181,
Mon – Fri, 7:30AM – 5:30PM

Milwaukie

4252 SE International Way, Suite A,
(503) 731-3400, Mon – Fri, 7:30AM – 5:30PM

Immigration Advice / Refugee Services

Catholic Charities Immigration Services

231 SE 12th Ave,
(503) 231-4866 ext 133
Call for info. Consultations in asylum and deportation cases.

Immigration Counseling Service

321 SW 4th Ave, Suite 701;
(503) 221-1689
Call for information about hours and appointments. Help in asylum and deportation cases (by appointment only).

IRCO – Immigrant & Refugee

Community Organization
10301 NE Glisan, (503) 234-1541
Job counseling and English training for refugees.

Legal Aid

921 SW Washington, Ste 500
(503) 224-4086
Immigration legal assistance

Lutheran Family Service

605 SE 39th Ave (503) 233-0042
Call for appointment. Help in asylum and deportation cases, as well as mental health counseling.

Mexican Consulate

1234 SW Morrison, (503) 274-1442
M-F 8:30AM-2PM

SOAR (Sponsors Organized to Assist Refugees)

2906 NE Glisan (503) 284-3002
Comprehensive and compassionate resettlement services for refugees and immigrants

Legal Services

Community Alliance of Tenants

2710 NE 14th, (503) 460-9702
Advocacy in landlord/tenant issues

Legal Aid

921 SW Washington, Ste. 500
(503) 224-4086 Legal aid for illegal camping, landlord/tenant, government benefits, utility problems, family law. Notarization available.

Renters Rights Hotline

(503) 288-0130 Mon – Thurs, 3 – 7PM

Tel-Law

(503) 620-3000 Recorded messages of general legal info in English, Spanish, Vietnamese and Russian.

Transition Projects Inc.

475 NW Glisan, (503) 823-4930
Free notary. Must have ID.
8:30am-12, 1-4:30pm M-F

St. Andrew Legal Clinic

807 NE Alberta, (503) 281-1500
Family law issues. Appointments made any time after 9:00AM. Sliding scale fee, based on income and personal resources.

General Resources

211info

Community information and referrals.
Dial 2-1-1 on phone (like 9-1-1).
Mon-Fri 7AM – 8PM, Sat & Sun 8AM – 7PM.

Adult Protective Services

(503) 9884450 (Multnomah County)
(503) 693-3489 (Washington County)
(503) 655-8640 (Clackamas County)

Aging and Disability Services

1111 SW 10th, (503) 988-5460
Mon – Fri 8:00AM-5:00PM

Animal Aid, Inc.

3150 SW 87th, (503) 292-6628
General animal care provided, all cases handled individually.

Bankruptcy Clinic

(503) 224-4086
Free information for people who are thinking about filing for bankruptcy

Beau Monde Hair School

1026 SW Salmon, (503) 226-7355
\$3.50 Haircut with coupon from Transition Projects

Birth Certificates

800 NE Oregon, Suite 205
(503) 731-4108.
Financial help at TPI Tues – Fri at 8:30 AM & 1PM (First 4 people in line for Birth Certificate or ID).

Cascade AIDS Project

620 SW 5th, Suite 300
(503) 223-5907. Non-medical services for people with HIV/AIDS: housing, support groups, and emergency financial support.

Catholic Charities

231 SE 12th, (503) 231-4866
M-F 8:30AM-5PM
AIDS ministry, Program Hispano, Domestic Violence program.

Chinese Service Center

3633 SE 35th Place, (503) 872-8822
Services for Chinese community: case management, ESL classes, mental health services, addiction treatment, employment information and recreational/cultural activities

City of Portland Services

Emergencies 9-1-1
Police non-emergency (503) 823-3333
Info & Referral (503) 823-4000
Job Hotline (503) 823-4573

Community Cycling Center

1700 NE Alberta (503) 288-8864
M-F 12-7PM, Sat 12-6PM, Sun 12-5PM
Free bikes for commuting to work, if eligible must be referred by case manager. Bike repair, maintenance and supplies.

Cop Watch

Incident Report Line (503) 321-5120

General Resources (continued)

Dignity Village
(503) 281-1604

DMV
1502 SW 6th, (503) 299-9999
Financial assistance with Oregon ID through TPI Tues – Fri at 8:30 AM & 1PM (1st 4 people in line).

Downtown Chapel
601 W Burnside, (503) 228-0746
Emergency services operates M-F 9:30-11:30AM; sign up starts at 9AM

Drug Free Zone (DFZ) Variances
Call the precinct for which you need a variance. For downtown, call the Central Precinct at (503) 823-0097

Emergency Food and Shelter
(503) 525-6400. Also motel vouchers, gas, and cab assistance.
Mon – Fri 4PM- 9AM, all day on weekends and holidays.

Eviction Information
Multnomah County Courthouse
1021 SW 4th, (503) 988-3022

Greyhound
Portland Depot (503) 243-2357
Fares & Schedules 1-800-231-2222

Food Handler Cards
727 NE 24th Ave. (503) 988-5257;
Financial assistance with Food Handler Card through Transition Projects Tues – Fri at 8:30 AM & 1PM (1st 4 people in line).

Humane Society
1067 NE Columbia Blvd,
(503) 285-7722;
M-Sat 10AM-7PM, Sun Noon-7PM
Discount coupons for spaying & neutering cats & dogs. Free program for cats of people with low- or no-income.

Independent Living Resources
2410 SE 11th Ave. (503) 232-7411 or TTY (503) 232-8408
Comprehensive services for people with disabilities, including information & referral, peer support/counseling, support groups, advocacy.

Integrity Plus
4506 SE Belmont, Ste 108, (503) 230-2361. Payee services.

International Beauty School
2215 SE Division, (503) 236-5600
Haircuts Tues - Fri, 11AM – 4PM,
\$1.50. Call for appointment.

JOIN: A Center For Involvement
3338 SE 17th, (503) 232-2031
Mon – Fri, 10AM – 3PM.
General outreach services for the homeless; “barter system” for services, such as showers and locker facilities depending on availability.

LIEAP (Low Income Energy Assistance Program)
Seasonal assistance with electric or gas bills. *See Community & Family Service Center for your area (page 6). For the downtown area, contact the YWCA at (503) 721-6760.*

Literacy Line
(800) 322-8715
Statewide hotline for adults.

Needle Exchange Hotline
(503) 280-1611

Notary Services
Transition Projects, Inc.
475 NW Glisan, (503) 823-4930
Free notary. Must have ID.
8:30am-12, 1-4:30pm M-F

Program Hispano
Portland (503) 236-9670
Gresham (503) 669-8650
Rent & energy assistance, mental health, gang intervention, job listings.

Red Cross
Information (503) 284-1234

Russian Oregon Social Services
4033 SE Woodstock Blvd, (503) 777-3437. Comprehensive services for Russian speakers; including case management, domestic violence awareness, translations, dental program, free legal consultations, housing assistance, and senior services.

Safety Net
527 SE Morrison, Ste 104,
(503) 233-1005 Individualized services for persons who need a payee for Social Security

St. Vincent de Paul
2740 SE Powell, (503) 235-8431

Social Security
1-800-772-1213
1538 SW Yamhill, (503) 326-5018
Mon – Fri, 9AM – 4PM

Street Roots
211 NW Davis, (503) 228-5657
Homeless newspaper.

TRI-MET
Schedules (503) 238-RIDE (7433)
Medical Transport (503) 802-8700
Lost & Found (503) 238-4855
Mon – Fri, 9AM – 5PM

VA Regional Office
1220 SW 3rd
(800) 827-1000

VA Outreach Van
Outside Harbor Light (30 SW 2nd) 1st & 3rd Thursday 9AM - Noon. At St. Francis (330 SE 11th) 1st & 3rd Thursdays, Noon – 3PM. Coffee, enrollment in services.

Washington County Community Action
(503) 648-6646
Food, clothing, rent assistance for Washington County residents.

Please contact Transition Projects at (503) 823-4930 or info@tprojects.org to update or add information.

This information is subject to change without notice.

Last updated June 6, 2005